

## Little Mouse's Big Book of Fears

This week's literacy activities are based around the book 'Little Mouse's Big Book of Fears' by Emily Gravett.

Read the book if you have a copy at home, or read it on YouTube each day this week. You can find it on YouTube by searching 'Emily reads... Little Mouse's Big Book of Fears' or by following this link:

<https://www.youtube.com/watch?v=V5JxYW5B6q0>



Emily Reads . . . Little Mouse's Big Book of Fears

Emily Gravett • 851 views • 1 month ago

Are you afraid of anything? Little Mouse is afraid of nearly EVERYTHING, but luckily he can help . . .

We have also saved a copy with these weeks home learning on the Ben Jonson website. There is no need to print this out.

### Activity 1: Little Mouse Is Scared

Draw a picture of Little Mouse and write some sentences about things he is scared of. You can use these words to help you:



scared



worried



anxious



frightened



terrified



nervous

## **Activity 2: Letter Writing**

My niece Mae is afraid of the dark. She lives in Australia, so I decided to write a letter to her to try and help her. This is my letter:

Tuesday 16th June 2020

Dear Mae,

How are you? Have you been enjoying school? I wanted to write you a letter to try and help you to overcome your fear of the dark.

Having a fear of the dark is very normal, especially when you are only 4 years old! I used to be scared of the dark when I was little. I remember running to my parent's bedroom each night because I didn't like being alone in my dark bedroom. I soon realised there was nothing to fear!

I have been thinking of some ways that you can overcome this fear. Maybe you could ask your parents to buy you a nightlight or a lamp for your bedroom. You could leave it on all night or they might turn it off once you are asleep. Another idea I have thought of is perhaps you could ask your mum and dad if the light in the corridor can be left on each night. When I was little, I was most scared of dark places in my house (I was especially frightened of my wardrobe and under the bed!). It would be good if you could make sure that you spend time exploring these places during the day when it is daylight. It may seem scarier at night, but it's really not! Finally, there is a book called 'Orion and the Dark' that I think you would really enjoy. It tells the story of a child who is scared of the dark. He soon becomes friends with it and realises that it's not scary at all!

I hope these ideas are helpful.

Love,

Aunty Meredith

P.S I can't wait to hear which ideas you found worked best for you!

Choose one of Little Mouse's fears. Write a letter to Little Mouse to give him advice on how to overcome one of his fears. You can use any paper you have at home or use the sheets provided.

### 1. Heading

Your name and address.

### 2. Date

The date you wrote your letter on.

Jenna Masters  
14 Short Street  
NEWLAND NSW 2000

5 October 2014

### 3. Greeting

Your hello.

Dear Kendall,

How are you and your family? Did you enjoy your holiday at the beach?

We spent the holidays at Nan and Pop's, helping them on the farm. We got to work with so many of the animals. I especially like feeding the calves and riding the horses. Jessica enjoyed feeding the chickens and collecting the eggs every morning.

### 4. Content

What you want to say and the reason why you are writing.

Are you ready to go back to school? Mum bought me new books, pencils and a pink pencil case. I can't wait to see my school friends again.

### 5. Closing

The way you want to end your letter.

I hope you have a good time back at school and I can't wait to hear all about it. Please write to me soon.

### 6. Signature

Sign your name.

Love from,



Jenna

### 7. PS (Postscript)

Found at the end of a letter. You can put anything you forgot to say here.

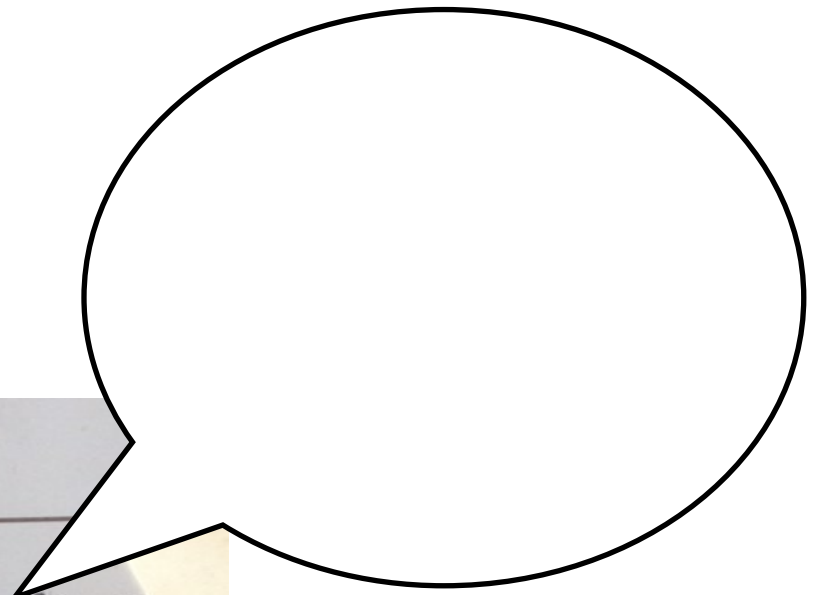
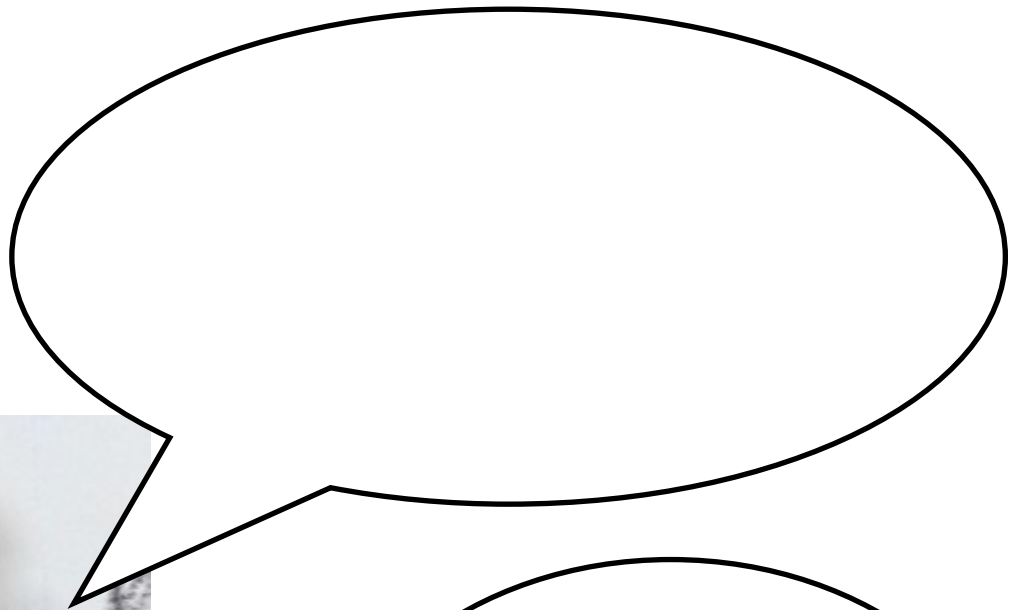
P.S. I can't wait for you and your family to visit us next holidays!





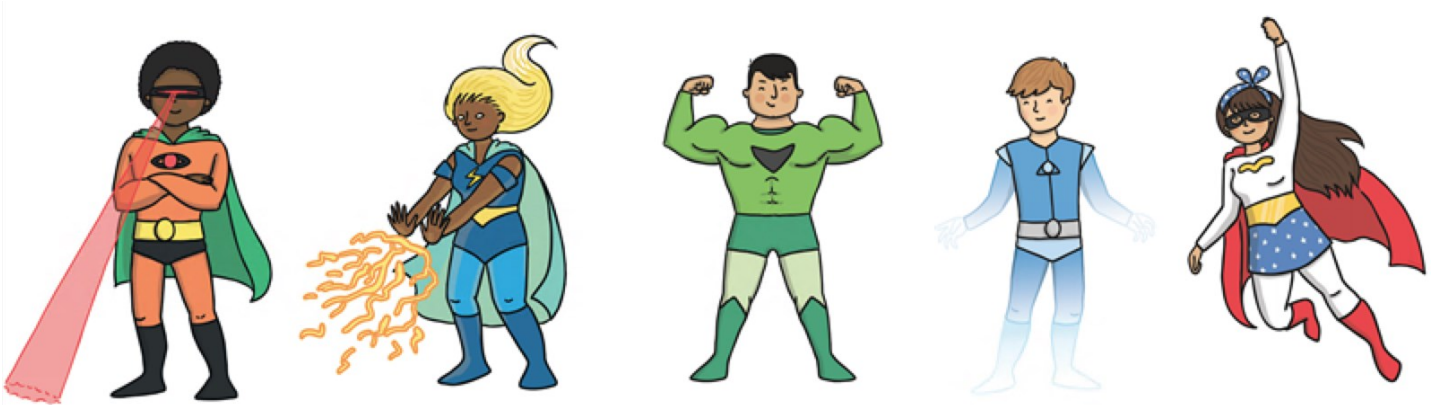
### Activity 3: Speech Bubbles

Draw Little Mouse and another animal from the book. If they could talk to each other, what would they be saying? Write their conversation in speech bubbles. You can also use the pictures on this sheet.



## Activity 4: Super Mouse

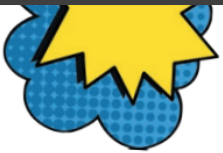
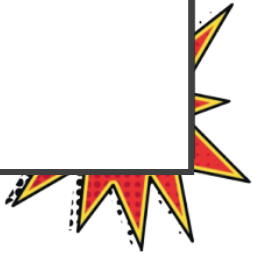
Imagine you can wave a magic wand and give Little Mouse some superpowers...



Think really carefully and choose **three** superpowers that will allow Little Mouse to feel less afraid. Describe each superpower and give an example of how they will work. Remember that you can be creative in your choices!

To complete the task you can use the Super Passport template on the next page, or you can design your Super Mouse on a piece of paper from home.

# ★ Super Passport ★



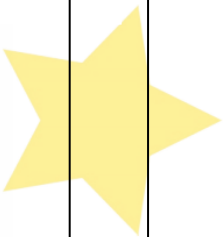
Superhero name: \_\_\_\_\_

Signature: \_\_\_\_\_

Superpowers: \_\_\_\_\_



Costume: \_\_\_\_\_





## Activity 5: Design a Certificate

We think that Little Mouse, despite his fears, has been very brave. We would like you to celebrate with Little Mouse by designing and awarding him a certificate for his bravery.

Little Mouse has lots of fears that he is trying to overcome. With a family member thought shower some of his fears...

**Which** fear are you going to help him to celebrate overcoming?

Below is an example certificate.



To complete the task you can use the template on the next page, or you can design your own certificate using a piece of paper from home.

This is to certify that

\_\_\_\_\_

was

\_\_\_\_\_

\_\_\_\_\_

Date

Signed

\_\_\_\_\_

